



Frequently Asked Questions About ABA Therapy

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What is ABA therapy?

ABA's Goal Is To Help Build Skills & Reduce Maladaptive Behaviors

ABA Therapy (Applied Behavior Analysis) helps children who aren't thriving in their current settings by using techniques proven to increase the child's motivation and improve skills like speech, cooperation, taking turns, making friends, motor skills, hygiene, personal safety, and more.

In addition to skill building, ABA can minimize behaviors that inhibit learning, or are otherwise inappropriate. Behavior Interventionists focus on reducing rates of the maladaptive behavior while teaching the child to use more appropriate means to get their needs met.

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Who provides ABA services?

Psychologists

Licensed doctoral level professionals perform diagnostic assessments and oversee treatment.

Consultants / BCBA & BCaBA

Consultants receive their license through the Behavior Analyst Certification Board. Consultants are required to hold a masters degree and complete ongoing training. They develop curriculum for their clients and supervise care.

RBTs / Behavior Technicians

Our registered behavioral technicians (RBTs) are the professionals who deliver direct care to your child. They implement the treatment plans designed by the Consultant. RBTs at ABS are enrolled in college programs or have received a Bachelor's Degree. They also receive weekly training and supervision.

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Where are ABA services provided?

ABS Provides A Variety Of Service Location Options

The Home

Treatment is most commonly provided in the home, where the child spends most of his/her time. The home setting allows practice of pivotal skills that lead to life long success & independence.

The Community

ASD symptoms do not end at the front door! While most treatment takes place in the child's home, ABS can provide treatment in all settings in which the child is experiencing difficulty.

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When are ABA services provided?

We Provide ABA Services For Children Ages 2-18

Decades of research has established that the intensity of ABA treatment is a key element in helping a child make lasting gains. Treatment programs typically range from 10-40 hours per week of direct care, depending upon the child's needs. Sessions are typically between two and four hours each, and interventionists generally provide treatment daily.

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How do you know if treatment is effective?

Data Driven Results

ABA is a data-driven therapy; clinicians depend on real-time measurement of behavior to guide intervention decisions. ABS uses a data tracking program that instantly creates readable graphs so that performance can be monitored. This allows us to efficiently modify goals and programs so that treatment is always being customized to fit a child's needs. This system also allows parents to have a detailed understanding of how intervention is progressing across target areas. ABS makes it a priority to coordinate care and share data with your other service providers.

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Why ABA therapy?

ABA Can Help Children With Developmental Delays Live More Fulfilling Lives

ABA is the only treatment for ASD that has been designated as medically necessary. ABA is proven to improve functioning across all skill areas, including: communication skills, social skills, and self-care skills. ABA is increasingly covered by health insurance providers, making it an accessible treatment option for many families.

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Why ABS?

What Makes ABS Different?

ABS is committed to providing the most effective treatment possible for children with developmental disabilities. We are dedicated to ensuring that our treatment is defined by:

- Individualized, responsive care
- Ongoing support and training for parents/caregivers, RBTs & BCBAs / BCaBAs
- Treatment decisions that are guided by data and informed by research
- Commitment to qualified, professional clinicians
- Active collaboration with other providers to ensure continuity of care.



Have More Questions?
Call Us Today: (800) 434-8923
Learn More: alternativebehaviorstrategies.com

