



# Frequently Asked Questions About Speech Therapy

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What is  
speech therapy?

Speech therapy provides an assessment of communication abilities and individualized intervention in the areas in which support is needed.

Areas of concerns may include:

- Difficulty in understanding and/or using language
- Difficulty producing or pronouncing sounds appropriately
- Stuttering
- Problems with pitch, volume, or vocal quality
- Difficulty with communication skills that involve memory, attention, perception, organization, and problem solving
- Difficulty responding to and using language in socially appropriate ways to interact with others

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Who provides  
speech therapy?

## Speech / Language Pathologists

Assessment and treatment programming are provided by a licensed Speech/Language Pathologist (SLP). An SLP is a professional educated in the study of communication disorders, who holds at least a Master's degree and a Certificate of Clinical competency from the American Speech-Language-Hearing Association. At ABS our speech team also includes qualified and trained Speech/Language Pathology Assistants (SLPAs), who may implement ongoing treatment under the supervision of the SLP.

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Who might  
benefit  
from  
speech  
therapy?

## Children with developmental and speech delays

As a wrap-around clinic, with a strong ABA component, many of our clients are children diagnosed with Autism Spectrum Disorders, and as such our speech therapy providers are experienced in working with the specific needs of this population. Speech therapy at ABS is also available for children with a variety of speech and language needs.

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What a caregiver can expect?

### Flexible scheduling and an integrated program designed for each child

Most often, speech therapy sessions are scheduled weekly, but other options are available to fit the needs of the client and family. Specific goals are set and data is kept, recorded and analyzed so that progress can be monitored and shared. During a session, the therapist will work one-on-one with the child in a variety of play and skill-based activities. Sessions are fun and individualized to meet the child's developmental level and specific needs. Parental involvement is highly encouraged, whether it be in session or in implementing modeling strategies and conducting practice of skills at home.

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Where are speech therapy services provided?

### The ABS In-Office Therapy Space

Speech therapy services are provided in-office in our clinical settings, which are kid-friendly and fun. In Utah, we have offices in Salt Lake City, Layton, and Orem.

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What makes speech therapy at ABS different?

### Wrap around care for each child

At ABS, speech therapy can be an integral part of your child's overall treatment program. We take a team approach, with consistent collaboration with ABA and other clinical providers. This ability to provide speech services as part of a comprehensive, multidisciplinary team sets us apart from other providers.

ABS is committed to providing the most effective treatment possible for children with developmental disabilities. We are dedicated to ensuring that our treatment is defined by:

- Individualized, responsive care
- Ongoing support and training for parents/caregivers, and staff
- Treatment decisions that are guided by data and informed by research
- Commitment to qualified, professional clinicians
- Active collaboration with other providers to ensure continuity of care



**Have More Questions?**  
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